

WINTER CAMP 2025

FROM MARCH 3 TO 7



Specialized in
gymnastics and
FUN!

For children
6 to 12 years old





Our gym



- Spring floor
- Trampoline
- Tumble Trak
- Foam pit
- Balance beams & Bars
- Arts and crafts & lunch area and much more!

Our camp



- All our activities are based on FUN & the development of self-confidence!
- Our coaches are certified, dynamic and passionate!
- 15 hours of gymnastics/week in small groups of 8-12 kids which enables a more personalized learning experience and an emphasis on security.
- Special activities for even more fun and discovery!





A typical day at camp Physi-K

- 7:30 - 8:45am • Daycare
 - 8:45 - 9:00am • Welcoming campers
 - 9:00 - 10:30am • Gymnastics
 - 10:30 - 10:45am • Snack time
 - 10:45am - 12:00pm • Gymnastics
- LUNCH: 12:00 - 1:00pm
- 1:00 - 3:45pm • Recreational activities!
 - 3:45 - 4:00pm • Campers departure
 - 4:00 - 5:00pm • Daycare

* Recreational activities: Games in the gym, arts & crafts, themed days!

* Mini showcase lasting approximately 5 minutes on Friday at 4pm.

Price



For the week

300\$^{+txs} from January 28 to February 3

320\$^{+txs} As of February 4

no additional fee's

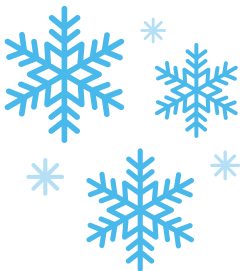
Per day

75\$^{+txs}/day

- The earlybird rebate of -20\$ applies only for a registration to the whole week.

INCLUDED IN THE PRICE:

- Daycare everyday from 7:30 to 9am and from 4 to 5pm
- Camp t-shirt
- Microwave available for warm meals



Family rebate

- \$10 discount/week starting from the 2nd child residing at the same address. (Applicable for weekly registration only)
- Relevé24 available for your 2025 income taxes

Reimbursement policy

- No reimbursement will be given once the week has begun.
- Absences are not creditable, exchangeable nor reimbursable.

A snapshot of our camp



Winter camp checklist



Sportswear

*Camp t-shirt for outings



Boots



A lunch and multiple snacks



Water bottle



Winter jacket and snow pants



Hat



Gloves



Scarf

- Hair in a pony tail or bun
- No jewelery or items of value
- Nuts and peanuts not permitted in snacks and lunch

